

SOURDOUGH BREAD

Slowly fermented sourdough wheat bread with a tasty crust and chewy crumb.

Made with: white **flour**, water, wholemeal **flour** and salt

Organic Loaf 800g	£2.70	Organic Walnut Cob 450g	£3.30
Organic Bata 400g	£1.60	Sourdough Bread with walnuts (11%)	
Organic Cob 400g	£1.60	Organic Seven Seeds 400g	£2.70
Crusty, light wheat sourdoughs with chewy crumb.		Sourdough with linseed, sunflower, sesame , pumpkin, poppy, coriander and nigella seeds (12%)	
		Special of the month	£3.80

Sourdough Bread showcasing different fruit & **nut** combos

RYE BREAD

Slowly fermented sourdough rye bread

Made with: Light rye **flour**, water, dark rye **flour** and salt.

Made with: White and wholemeal wheat **flour**, water, light rye **flour**, dark rye **flour** and salt.

Organic Seeded Rye 600g	£2.70	Organic Caraway Rye 400g	£2.00
All rye flour (56%) with pumpkin & sunflower seeds (17%)		Light rye flour (45%) with caraways seeds.	
Organic Borodinsky Rye 600g	£2.50	Organic Rustic Rye 800g	£2.70
All rye flour (56%) with malt, treacle & coriander seeds		70% rye flour 30% wheat flour	

ITALIAN-STYLE BREAD

Soft, chewy and open-textured italian-style bread made with olive oil & rye sourdough

Made with: white **flour**, water, rye **flour**, extra-virgin olive oil and salt.

Organic Ciabatta 220g	£1.10	Organic Focaccia, per slice 100g	£1.10
Organic Ciabatta Piccolo 120g	£0.80	Topped with roasted onions & garlic; and either black olives or sun-dried tomato.	
Slipper shaped with a delicate crust and open crumb		Organic Olive & Pumpkin Seed 300g	£2.70
		Swirls of black olive tapenade (7%) and studded with pumpkin seeds (7%) and whole olives (8%)	

YEASTED BREAD

Modern bread made with traditional overnight fermentation methods

Made with: white **flour**, water, wholemeal **flour**, salt, yeast.

Organic Farmhouse White 400g	£1.60	Organic Baps 80g	£0.35
Half white, half sifted wholemeal flour enriched with butter (1%)		Light well-fermented floured rolls. Seeded varieties available on request.	
Organic Wholemeal Tin 400g	£1.60	Organic Spicy Buns 60g	£0.70
Stoneground wholemeal flour (69%)		Spicy, fruity buns made with butter & egg . Perfect for tea.	
Organic Cheesebread 150g	£2.00	Organic Almond Twists 75g	£1.00
A tasty farl of wholemeal bread with cheese inside (14%) and on top (17%)		Sweet and soft twist of dough made with butter & egg and spread with almond (2.5%) frangipane topped with almond flakes (2%)	
Organic Cheese Scrolls 80g	£1.00		
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OATCAKES WITH SEAWEED

Traditional Scottish snacks made with seaweed. Perfect with cheese, chutney or just eat them plain.

Made with: **Oatmeal**, Water, Rapeseed oil and Seaveg Seaweed (3%).

Organic Handcut Oatcakes (Plain or with Seaweed) packet of 6 x 150g packets	£2.00
Short, tasty oatcakes plain (without seaweed), or with Seaveg seaweed in a variety of flavours: Spirulina, Irish Dulse, Sugar Kelp, Nori and Mixed.	

